DECISION MAKING

WORKSHEET

WIGH OUT THE PROS AND CONS OF THE SITUATION.
IDENTIFY THE OUTCOMES FOR EACH.
CHOOSE THE BEST SOLUTION BASED ON YOUR ANSWERS.

	ADVANTAGES	DISADVANTAGES	OUTCOMES
OPTION A			
OPTION B			

THE SOLUTION I CHOSE AND WHY

Check : What if ...?

(Making Decisions Worksheet)

Instructions

Write the **positive** and **negative** consequences that may arise from the possible choice. The results will give you a new perspective on the situation/event.

Option 1:

- Negative ... What If ?	+ Positive ... What If ?

Option 2:

- Negative ... What If ?	+ Positive ... What If ?