

# DAILY CHECK-IN

DATE

## TODAY'S PRIORITIES

PRIORITY 1:

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HOW LONG I WORKED FOR:

PRIORITY 2:

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HOW LONG I WORKED FOR:

PRIORITY 3:

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HOW LONG I WORKED FOR:

INSPIRATIONAL MANTRA:

THINGS I GET TO LOOK FORWARD TO TODAY:

MY SUCCESSES OF THE DAY:

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IF I COULD REDO TODAY I'D:

NOTE FOR TOMORROW  
(ONE THING I CAN FOCUS ON):