

## LGBTQ+ Resources Calgary

### Family peer groups:

1. Trans Families: Peer support group for the natural supports of trans-identified individuals. Meets the third Wednesday of every month from 6:30 – 8:30 pm at Community Wise Resource Centre - 223 12 Ave S.W., Room 106. Email: [transfamilies@calgaryoutlink.ca](mailto:transfamilies@calgaryoutlink.ca)
2. PFLAG Calgary: Peer support group for friends and families of LGBTQ people. Meets the last Wednesday of each month from 6:30 - 8:30pm at the Wild Rose United Church: 1317 - 1st Street N.W. Email: [calgaryab@pflagcanada.ca](mailto:calgaryab@pflagcanada.ca) PFLAG Canada website: [www.pflagcanada.ca/en/index.html](http://www.pflagcanada.ca/en/index.html)

### Community Supports:

1. Calgary Outlink: A community hub offering support services, resources, and programs for LGBTQ+ individuals of all ages. Website: <http://www.calgaryoutlink.ca/>
2. Skipping Stone Foundation: Provides support and resources for transgender and gender diverse youth, including counseling, mentorship, and educational workshops. Website: <https://skippingstone.ca/>
3. Calgary Queer Arts Society: Promotes LGBTQ+ artists and their work through various events and exhibitions. Website: <http://www.calgaryqueerartsociety.com/>
4. Affirming Connections Peer Support Group: A weekly support group for LGBTQ+ individuals offering a safe space to connect and share experiences. Website: <http://www.affirmingconnections.com/>

### School Supports:

1. Calgary Sexual Health Centre: Offers educational programs and workshops on LGBTQ+ issues, inclusivity, and sexual health in schools. Website: <https://www.calgarysexualhealth.ca/>
2. Calgary Board of Education - Safe and Caring Schools: Implements policies and initiatives to create safe and inclusive environments for LGBTQ+ students. Website: <https://www.cbe.ab.ca/programs/program-options/supporting-safe-and-caring-schools/Pages/default.aspx>
3. Calgary Catholic School District - Diversity and Equity: Provides resources and support for LGBTQ+ students in Catholic schools, including the Prism program. Website: <https://www.ccsd.ab.ca/Programs/Diversity/Pages/default.aspx>

### Peer Supports:

1. Mosaic Youth Group: A peer facilitated group for LGBTQ+ youth and allies, ages 10-25. Meets Wednesdays from 7pm – 9pm. Community Wise Resource Centre – 223 12 Ave SW.
2. Camp fyrefly: An annual summer camp for LGBTQ+ youth aged 14-24 that focuses on personal growth, leadership, and fostering supportive peer connections. Website: <http://www.fyrefly.ualberta.ca/>

3. Queermunity: An LGBTQ+ Youth Group (ages 12-24). Provides information, resources and community. Meets Mondays 6:30-8pm. Located at The Alex Youth Health Centre – 1116 Centre St. N. Call: (403) 520-6270
4. Alberta Queer Calendar Project: A community-led initiative that organizes events, meetups, and social gatherings for LGBTQ+ individuals of all ages. Website: <https://www.queercalendar.ca/>
5. LGBTQ+ Youth and Young Adult Support Group (Calgary): A peer-led support group providing a safe space for LGBTQ+ youth to discuss and share their experiences. Website: <https://www.meetup.com/LGBTQ-Youth-and-Young-Adult-Support-Group/>